



Juvenile Justice Home-Based Initiative

June 2018

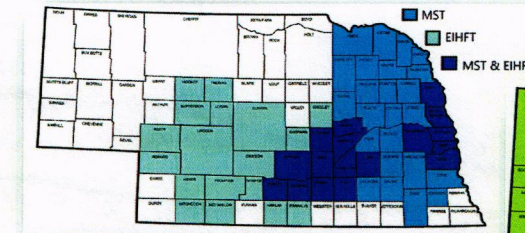
SUCCESS STORY

This story describes the success a young person and his family found through MST services. The young person was referred to MST services due to verbal/physical aggression towards his family, poor academic success, and substance use. Family functioning was adversely effected by the youth's oppositional defiant behaviors and physical aggression in the home. The client implemented unhealthy coping skills such as punching objects, destroying property of others, and using illicit substances. The youth rarely attended school, and when he did was often suspended for insubordination or fighting with peers.

The MST therapist implemented the MST model and was able to bring about significant changes in this young man's life and the lives of his family members. The youth successfully discharged from MST services attending school consistently, maintaining sobriety from all substances, following rules at home, improved mood, and engaging in prosocial activities. The therapist indicated a significant decrease in family conflict and a significant improvement in family functioning. Upon discharge, the parent had learned the MST model and was able to implement it with success which increases sustainability of progress.

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Mid-Plains MST Team Supervisor

Melissa Martinez-
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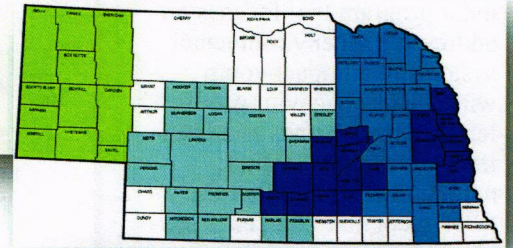


As the Juvenile Justice Home-Based Initiative concludes the end of the first year since the launch, the focus of the work has shifted from implementation to targeted expansion. The next phase of the initiative will be the replication of the Boys Town Ecological In-Home Family Treatment (EIHFT) model into Greater Nebraska, resulting in expansion of the home-based services capacity in Probation District 12.

The issuance of a Request for Qualification (RFQ) occurred in May of 2017 to identify an agency to replicate the EIHFT in the Panhandle. RFQ applications are due on July 13th. More information can be found at:

https://supremecourt.nebraska.gov/sites/default/files/RFQ-Ecological_In-Home_Family_Treatment_Model_Replication_FINAL.pdf

SERVICE COVERAGE



The replication will be fully supported by direct training, data management, and quality assurance provided by Boys Town and financially supported by the Juvenile Justice Home-Based Initiative grant funds provided by the Sherwood Foundation and the Scott Family Foundation.

This is particularly exciting for the Panhandle, where traditionally there is a lack of access to evidence-based community programs and even less local out-of-home placement options to allow youth to remain close to home and family.

The map above on the left depicts the current coverage area for Juvenile Justice Home-

Based services; while the map on the right shows the addition of up to eleven more counties in green with the proposed EIHFT replication. The replication would potentially increase the coverage area from the current 58 counties up to 69.

The Administrative Office of Probation is working closely with the MST National Experts and the Boys Town leadership team to continue to provide ongoing support to the provider agencies as well as training to the local probation officers to target the appropriate population for referrals, enhance stakeholders' knowledge about the services, and create the best outcomes possible for families.

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JUVENILE JUSTICE HOME-BASED INITIATIVE EXPECTED OUTCOMES

Youth and Families

- Youth remains at home
- Increased school and vocational attendance and performance
- Improved peer relations and participation in pro-social activities
- Increased parenting skills and family relations
- Decreased behavior problems
- Reduced youth psychiatric symptoms and substance use
- Long-term family stability and healthy developmental functioning
- Stronger connection to informal supports in the community

Juvenile Justice System

- Reduced number of out-of-home placements for juvenile justice involved youth
- More youth served in their homes and communities
- Increased connection for youth and families with community supports and resources for sustainability
- Reduction in recidivism
- Expanded community-based resource capacity

JUVENILE JUSTICE HOME-BASED INITIATIVE PERFORMANCE MEASURES

Multisystemic Therapy (MST)

mstservices.com

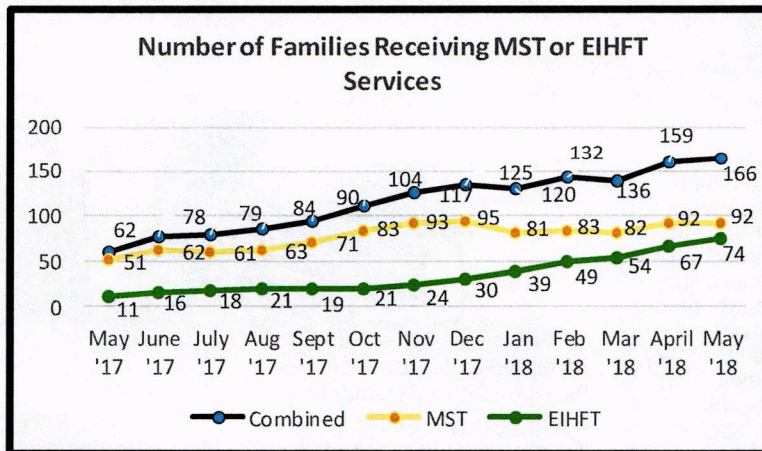
MST is an intensive family and community-based treatment program that focuses on addressing all environmental systems that impact youth with serious behavior problems — their homes and families, school and teachers, neighborhoods and friends. MST recognizes that each system plays a critical role in a youth's world and each system requires attention when effective change is needed to improve the quality of life for youth and their families. MST in Nebraska works with the toughest youth ages 12 through 18 who have a history of Juvenile Justice involvement.

Boys Town Ecological In-Home Family Treatment (EIHFT)

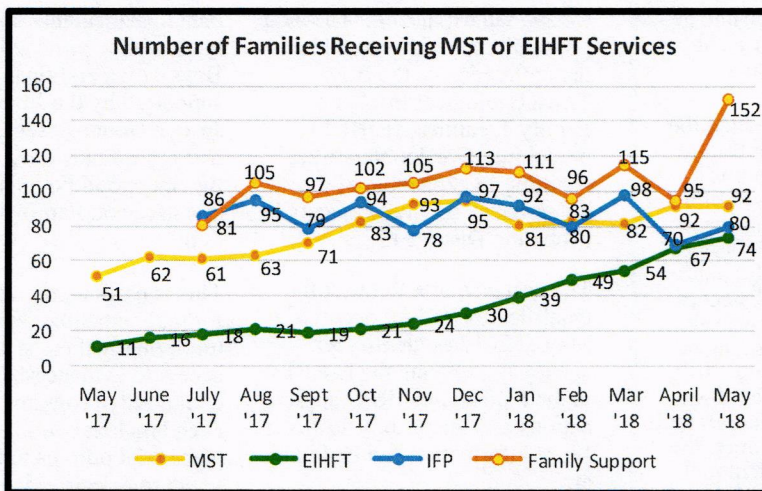
boystown.org

EIHFT is a strength focused home and community-based program designed to reduce risk that contributes to delinquent behavior and family dysfunction. Family Consultants work to enhance and improve youth and family functioning in the home and community and prevent the need for youth to be placed in an out-of-home setting. Each family has an individualized service plan developed to include youth and family-driven goals that address the emotional, behavioral, social, and educational needs of families. The services include a strong focus on family engagement, initial and on-going assessment, individualized interventions, and case closure planning for long term outcomes.

Short-Term (First Year 2017-18)



Number of Juvenile Justice Youth Receiving the Home-Based Services since Launch in May (MST & EIHFT)



Number of Juvenile Justice Youth Receiving the Home-Based Services—MST and EIHFT with the addition of Intensive Family Preservation, and Family Support

Mid-Term (Year Two—May 2018-19)

- Number of youth receiving MST or EIHFT services, organized by risk level
- Average number of days between referral and start of services
- Risk level pre- and post-service participation: *Measurement Points—1) Pre-service 2) Upon next assessment following discharge*

Long-Term (Year Three—May 2019-20)

- Number of youth who received JJ Home-Based Services who remained in the home following services within 6 months of discharge from the service. *(updated every six months)*
- Number of youth who received JJ Home-Based Services with no new Probation Violations or law violations within 6 months of discharge from the service. *(updated every six months)*
- Number of youth who received JJ Home-Based Services and completed Probation, by discharge type